

NEW IN KANATA!

Support group for parents

(Starting in April 2017)

In collaboration with the Western Ottawa community Resource Centre, PLEO is proud to announce the launch of a new monthly support group for parents and caregivers of children, youth and young adults (up to age 24), who are dealing with mental health and/or addictions challenges.

WHEN? The 2nd Tuesday of each month—6:30 to 8:30 pm

WHERE? Western Ottawa Community Resource Centre Boardroom— 2 McNeil Court, Kanata, ON



- ◆ No registration required
- ◆ A confidential, non-judgmental environment
- ◆ An opportunity to share and exchange strategies and support each other
- ◆ An opportunity to better understand and discover the various services available in the community



613 . 321 . 3211
www.pleo.on.ca

Possible thanks to the generous support of :

