

Caring for Caregivers | Soigner les soignants

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“Finding the Right Resources at the Right Time”

What: Pyramid of Family Care Focus Group

Where: The Royal, 1145 Carling Ave., Room 1425

When: Thurs Dec 20, 2018 6-7:30pm – Light refreshments will be available

Your Experience is Important!

While the people caregivers support may come into contact with numerous health care professionals throughout their mental health journeys, families are often the one constant. Families are often primary supporters and advocates. Service providers are not always aware of available resources or groups. Your ideas are important in developing an App specific to family resources in Ottawa and the outlying area – to improve awareness and access to available resources. Your experience will help build an interactive tool that families can use to find the best support for themselves based on their needs at specific points along their mental health journey.

If you agree to participate we will ask you to complete a questionnaire to note resources you used at different points along your journey through the mental health system. The information gathered will assist us in developing a web-based interactive tool to connect families to mental health resources in their community. The findings might also be used in publications and presentations. Your identity will not be revealed through this process.

Participation in the focus group is entirely voluntary. You are welcome to leave at any time. You may attend the group without submitting a completed questionnaire.

Confidentiality

Please note that your name and any identifying information you share with us will remain confidential. Any questionnaires collected will be kept in a secure filing cabinet shared only with the research team. Your responses will be summarized along with other responses and used collectively to develop a web-based tool. No names or identifying information will be used when compiling this information.

If you have any questions or concerns about this study or how the research has been conducted please contact Dr. Keith Busby HonBA, MA, PhD, Research Ethics Coordinator, The Royal's Research Ethics Board (613) 722-6521 ext. 6214 Keith.Busby@theroyal.ca

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