

FAMILY PEER SUPPORT GROUP

Please join us for discussions on various topics for caregivers with loved ones facing mental health challenges.

If you are looking for a supportive, non-judgmental environment and an opportunity to learn, share common experiences, and grow in recovery together, then this is the group for you.

WHEN: THIRD THURSDAY OF EVERY MONTH

TIME: 6:30 – 8:00 p.m.

LOCATION: OPEN DOORS FOR LANARK CHILDREN AND YOUTH

Unit 110, 130 Lansdowne Ave.

Carleton Place, Ontario

(behind Freshco)

REGISTRATION IS NOT NECESSARY – JUST SHOW UP!

For more information or to have your name added to our e-mail list, please contact:

Linda Camponi
camponi@storm.ca

Ed McEwen
edmcewen@ymail.com

No e-mail? Call Lanark County Mental Health

Carleton Place: 613-257-5915

Smiths Falls: 613-283-2170